



Occupational Therapy Staff training



Potential OT can offer bespoke training sessions to schools and Alternative Provisions (AP), tailored to the needs of their learners. The training sessions can be offered as a whole-school approach or to a cluster of schools, to enhance the continued professional development of staff, to help ensure they are informed and confident in meeting the rising level of need in school-aged children and young people. The length and content of the training sessions can be customised and delivered as part of Inset days or Twilight training sessions.

Whilst each training session can be written to reflect the needs of the setting(s), the core training packages that can be delivered include:



Handwriting Matters

The main outcomes of the session are to help develop staff's understanding of:

- How early child development provides the foundations for handwriting skills in a school-aged child.
- How disruptions to child development compromise a child's readiness for handwriting.
- The developmental stages of handwriting, to ensure goals and expectations are tailored to a child's developmental - rather than chronological - age.
- Practical strategies to develop key stages of development, to support handwriting performance, including: core strength, fine motor skills, hand strength, and bilateral coordination.
- When handwriting alternatives should be considered - the pros and cons.



Supporting readiness for learning: why sensory and emotional regulation are key.

The main outcomes of the session are to help develop staff's understanding of:

- The senses: how many we have and what purpose they serve.
- The impact of sensory processing and emotional dysregulation on a pupil's readiness to learn.
- Behaviour as communication.
- What self-regulation looks like in a school setting.
- An analysis of self-regulation tools.
- Practical strategies to support sensory processing and emotional dysregulation in the school environment.



Fine and gross motor skills: are your pupils neuro-ready to learn?

The main outcomes of the session are to help develop staff's understanding of:

- Typical stages of fine and gross motor development in childhood.
- Modern day disruptions to typical physical development and milestones.
- The functional implications of disrupted motor development on a school-aged child's access to, and performance within, the curriculum.
- Practical strategies to support pupils' motor development within the curriculum and classroom setting.

If you would like to arrange any of the above training sessions, or to discuss your setting's training needs, please do not hesitate to get in touch with Phoebe:

07746 131892

admin@potential-ot.co.uk